



The Business Helper, Inc.

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Regimental Combat Team 8
Delaram, Afghanistan

Date 10/25/2011

Tables:

1. Marines & Soldiers
2. Appointments

Fields:

Marines & Soldiers

1. First Name
2. Last Name
3. Date of Birth
4. Last 4 of SS
5. Sex (radio button single choice)
 - a. M
 - b. F
6. Started Tobacco Use Age

Appointments

1. Appointment Type (drop down list)
 - a. Initial
 - b. Scheduled
 - c. Other
2. Date
3. Marital Status
4. Children (checkbox)
 - a. Yes
5. Children Ages
6. Spouse Smoke (checkbox)
 - a. Yes
7. Tobacco Use (checkbox can select multiples)
 - a. Cigarettes
 - b. Chew
 - c. Snuff
 - d. Cigars
 - e. Other
8. Number of Cigarettes per day
9. Cigarettes How Long
10. Number of Cans per day
11. Cans How Long
12. Number of times tried to quit
13. Length of time quit, free of smoking



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14. Type of methods used in past to quite (drop down list)
- a. None (cold turkey)
 - b. Zyban (Wellbutrin SR)
 - c. Nicotine Gum
 - d. NicoDerm QC or Patch
 - e. Chantix
 - f. Other